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# Monthly Newsletter

January 2026

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## Spring Scientific Meeting

*New venue, same excellent educational and networking opportunities*

This year's Spring Scientific Meeting will be held at the Royal College of Physicians, London on Saturday 21st March 2026.

The theme for this year's meeting is "Apical periodontitis: the psyche and the soma. The relationship between the mind & the body" offering attendees 5 hours of verifiable CPD with thought provoking sessions presented by Guest Speakers Professor Elisabetta Cotti and Dr Neha Patel.

Plus, a high-quality trade show enables delegates to discover the latest developments in endodontics from the people who know them best.

Both members and non-members are welcome to attend, and we hope visitors will join us for a networking drinks reception at the end of the programme.

Register today!



## Join the BES Early Career Group Committee

**Nominations are open for BES Members to be a part of the Early Career Group (ECG) committee**

The BES ECG is an exciting initiative to engage with dental professionals at the early stage of their career who share a passion for and interest in Endodontics.

We would like to invite you to join the organising team so that the content of the education and support provided by the ECG can be tailored directly to your needs.

We are looking for a maximum of **5 BES members** who can represent the following categories of Early Career Clinicians:

- Newly Qualified Dentists with a Masters in Endodontics or Endodontontology
- Specialty Trainee in Endodontics or Restorative Dentistry Representative
- General Dental Practitioner Representative
- Dental Core Trainee Representative
- Dental Foundation Trainee Representative
- Undergraduate Representative

The role will be for the duration of one year from March to March.

Click on the link below for more information on the role and the nomination form.

Nominations open on 7th February, with deadline for nominations 21st February.

### BES Early Career Group

## UKPG Deaneries X



Dr Sana Movahedi Dr Maria Lessani Professor Alison Qualtrough



## BES x UK Postgraduate Deaneries

### ***Webinars for Foundation Dentists***

The British Endodontic Society is proud to have collaborated with the UK postgraduate deaneries, under the leadership and guidance of the Dean, Dr Sana Movahedi, to deliver a series of 16 mini-webinars for Foundation Dentists (trainees) across the UK. We are grateful for the opportunity to further our charitable objectives to promote, educate, and advance Endodontics, and we sincerely appreciate access to the IT platform skilfully managed by Ms Andrea Privigyei to host these sessions via the Accent course manager system.

The webinar programme was developed in response to a growing need to support newly qualified dentists in an area consistently identified as challenging in multiple surveys. The series was organised by Dr Maria Lessani and Professor Alison Qualtrough and covered a broad range of topics aligned to the theme of delivering Endodontics in general dental practice — from diagnosis through to vital pulp therapy (VPT), root canal treatment (RCT), and medico-legal considerations. Sessions were delivered by UK experts and chaired by BES Council Members and the BES Early

Career Group committee. Each webinar followed a structured format, combining a core lecture with clinical, case-based discussion and concluding with an interactive Q&A. The RCT-focused sessions provided particularly practical, clinically relevant content, including dedicated teaching on irrigation, mechanical preparation, and obturation materials and techniques.



## IFEA World Endodontic Congress named as finalist

***Best Cities and International Congress and Convention Association  
Incredible Impacts Award 2025***

BES Past President Will McLean reflects on the IFEA WEC, and the lasting impact public engagement initiatives held in Glasgow had on the local community.

"WEC2024 was named finalist for the Best Cities and International Congress and Convention Association Incredible Impacts Award 2025. The Congress was one of three finalists selected from 40 applicants from around the globe. This recognition highlights the Congress' commitment to delivering high-quality, socially impactful engagement activities.

"The judging panel commended the Congress initiatives in developing public engagement activities around the management of dental trauma first aid and the installation of a lasting exhibit at the Glasgow Science Centre. Being shortlisted as a finalist reflects the real, measurable impact of these programmes."

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**Last chance to enter for Awards and Prizes**  
**Deadlines are approaching on 1st February!**

Temi Ajimoko, a previous winner of the [Aspiring Endodontic Researcher Award](#), describes his experience and offers advice, ahead of the entry deadline on 1st February 2026.



## Aspiring Endodontic Researcher Award 2025 winner Dr Temi Ajimoko

“Never in a million years did I believe my study would win the award. I had seen the distinguished list of previous BES prize winners, so I was very grateful, both professionally and personally, to have the honour of being amongst that list. The prize is a credit to UCL as an institution, along with my brilliant research supervisors and has given me more confidence to submit the study for publication.

“When you think of the endodontic speciality, you often think of quantitative research, microbes, outcomes, irrigation etc., but mine was qualitative research regarding restorative specialty training design. Therefore, I really encourage researchers out there to enter for these awards, you’ve worked incredibly hard on your projects, so no matter how diverse the topic, I strongly suggest submitting it to the BES for consideration.”

[\*\*Awards and Prizes\*\*](#)

An advertisement for the BDIA Dental Showcase. The text includes the BDIA logo, the event name 'DENTAL SHOWCASE', the tagline 'Raising the standards of oral care', the dates '13 - 14 March, 2026', the location 'Excel London', and a 'REGISTER FREE NOW' button. There is also a graphic of a glowing tooth.

### **BDIA Dental Showcase**

**13-14 March 2026 | ExCeL**

[BDIA Dental Showcase](#) returns to ExCeL London on 13–14 March 2026, bringing the UK dental profession together for two high-impact days of innovation, education and live experience. With over 200 exhibitors and 130+ expert speakers, the show delivers

hands-on workshops, free education across multiple theatres and up to 70 hours of CPD. Visitors can explore new products, trial the latest technologies and connect directly with industry leaders and policymakers. The experience continues beyond the show floor with the Big Bash evening event, offering relaxed networking, entertainment and a chance to celebrate with peers. The UK's must-attend dental exhibition.

[Register FREE here](#)



### **Hear from Rahul Patel**

***Visit stand K50 to connect with the BES team***

BES council member, Dr Rahul Patel, will be presenting a session titled 'Keeping it Hot or Keeping It Simple: Warm Vertical Condensation vs. Single Cone' at [BDIA Dental Showcase](#) on **13th March 2026 at 15:45!**

Two techniques, one canal, many opinions. Come and join the debate!

[\*\*Register today!\*\*](#)

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### **Follow us on social media!**

This is the best place to get the latest updates from the BES and connect with the endodontic community.



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# Reminder: Access your NEW member benefit!

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